## **Positive Behavior Support Training**

<u>Brief Description of Course/Program</u>: This curriculum teaches direct care staff to utilize proactive, positive supports when teaching routine tasks, leisure activities, social skills, or to prevent and/or respond to aggressive behavior or self-injury. This skill building model teaches staff to examine the cause of the problem behavior, eliminate the factors that cause it and prevent it from happening again.

<u>Who Should Attend</u>: Behavior Consultants, QMRPs, Service Coordinators, Case Managers, Direct Support Staff and anyone who works with people with developmental disabilities.

This is a 2 day training designed for Direct Care Staff and anyone working with people that have intellectual disabilities. Psychologists, Behavior Consultants, Case Managers, QMRPs and Direct Care Supervisors can also become certified to train staff in PBS by completing this class.

**Presented by: Southeast Indiana Outreach Services** 

## **Learning Objectives:**

- Understand & apply the skills needed to implement positive behavior support.
- Reinforce appropriate behavior & prevent challenging behavior through proven techniques.
- Identify what essential, practical skills are needed to teach people with developmental disabilities.
- Train consumers to become more independent & reduce staff dependence.
- Reduce occurrence of challenging behavior through proactive & proven methods.
- Acquire problem-solving skills.
- Learn what prompts good & difficult behaviors.
- Manage difficult behavior effectively when it occurs.
- Create positive & inclusive environments & enhance quality of life of consumers with developmental disabilities.
- Implement principles of person-centered planning & community supports.

## **COST:** Free

Contact Lois Robinson, at 812-265-7489 or <a href="mailto:Lois.Robinson@fssa.in.gov">Lois.Robinson@fssa.in.gov</a> for additional information.